

Information for one-dose COVID vaccine

What to Expect After Your Janssen/Johnson & Johnson COVID-19 Vaccine

Janssen/Johnson & Johnson one-dose vaccine uses a weakened form of adenovirus to deliver instructions to the body's immune system to fight the COVID-19 virus. This vaccine won't make you sick with either COVID-19 or adenovirus.

You may not feel any changes after getting the shot. But you might feel “under the weather.” This can happen after any vaccine. **It is the body's immune response to getting vaccinated and a sign that the vaccine is starting to work.**

These are the most common mild side effects after getting vaccinated:



A sore arm



Headache



Fever



Chills



Tiredness

These steps may help you feel better:

- If you have a fever:
 - Drink lots of fluids.
 - Use an over-the-counter fever reducer.
- If your arm is sore after getting the shot:
 - Put a cold pack or ice in a clean, wet washcloth on it, for 20 minutes as needed.
 - Move your arm to help with pain and swelling.
 - Use an over-the-counter pain reliever for soreness.

Some people may experience side effects more severely and/or for a longer duration. Please talk to a health care professional if you do not feel well after 2 or 3 days.

After your shot:



You will get a vaccine record card with information about the type of vaccine you received. Take the card home and save it with your other important medical and vaccination records.



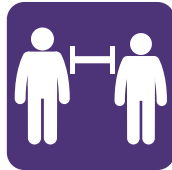
Take a picture of the card in case you are asked for the information later.

Being protected from COVID-19 is worth it.

After you get vaccinated, it's important to continue to prevent the spread of COVID-19 to protect people who aren't yet vaccinated. So,



Wear a mask over your nose and mouth.



Stay at least 6 feet away from others.



Avoid crowds.



Avoid poorly ventilated spaces.



Wash your hands often.

Thank you for choosing to get vaccinated.



For general questions about COVID-19 vaccine, call the COVID-19 Vaccine Call Center at 1-833-NYS-4-VAX (1-833-697-4829).

<https://www.cdc.gov/coronavirus/2019-ncov/vaccines/faq.html>
<https://covid19vaccine.health.ny.gov/frequently-asked-questions-0>



Department
of Health

